



## Camp Botswana Menu

**Examples of what food you will be eating whilst in Botswana:**

### **Breakfast:**

- Assorted cereals
- Oat porridge
- Bread
- Scrambled egg
- Beans
- Beef sausage
- Tea, coffee, breakfast juice

### **Lunch:**

- Rice and chicken curry or vegetable curry, butternut, green
- Spaghetti bolognese, green salad, carrots and green peas salad
- Chicken curry with basmati rice, salad and a vegetable side
- Vegetable stir-fry, green salad and butternut side
- Pasta and stew, green salad, carrots and green peas salad
- Steak, potato wedges, green salad

### **Dinner:**

- Burgers and chips (beefburger or vegetarian burger)
- Jacket potato, cheese and beans, salad
- Rice and chicken curry or vegetable curry
- BBQ buffet

### **Snacks:**

- Assorted sandwiches
- Fruit (apples and bananas)
- Marshmallows and hot chocolate around the campfire
- Biscuits

**Note: All meals are halal**

Students will also have lots of opportunities to try the local delicacies such as buffalo or ostrich meat if they are feeling adventurous!

We cater for all dietary needs and allergies. You will be asked to fill out a form before going to camp requesting any dietary needs and feel free to reach out to us at any point to further discuss this.

Our kitchen is an open kitchen – meaning if students are ever hungry, they can go into the kitchen and ask the chef for some food.

Camps Abroad C.I.C      Company No. 16062113 Tel:  
3rd Floor 86-90 Paul Street      +447470469431  
London EC2A 4NF      info@campsabroad.co.uk  
United Kingdom      campsabroad.co.uk

Camps Abroad is a non-profit Community Interest Company.